

— The — Boot Inn

F L Y F O R D



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The SELECT MENU

Serving times:
Monday to Saturday 12-2pm 5pm-8.30pm
Sunday 12-4pm



Starters

Pan fried king prawns in burnt chilli, bacon and maple butter, sourdough toast	9
Portobello mushroom stuffed with goats cheese, figs & honey, toasted pine nut salad	8 V GF
Chargrilled lemon & parmesan chicken, garlic flatbread, smoked bacon mayo	8
Duck liver & pork pate with orange cognac liqueur, crostini's, caramelised onion marmalade	8
Crispy jackfruit lollipops, mango & chilli dip, balsamic dressed leaves	9 V VG
Garlic bread	4 V
Cheesy garlic bread	5 V
Spicy garlic bread with fresh chillies, cheese and balsamic glaze	6 V

Mains

✈ Katsu chicken, Thai red curry, wild rice	18
✈ Sticky salmon supreme oven baked in honey & ginger, lemon thyme pommes anna, tenderstem broccoli, heritage carrots	19
✈ Beer battered skinless haddock, chunky chips, mushy peas	large 16 mini 9
✈ Carrot and spiced marmalade wellington , red wine & port gravy ,tenderstem broccoli, heritage carrots	15 V VG
✈ 12oz Gloucester Old Spot pork T-bone, walnut crust, sage & apple mash, redcurrant & rosemary gravy, tenderstem broccoli, heritage carrots	19
✈ Pumpkin & sage tortelloni, sundried tomato & pesto cream	15 V
✈ Cod fillet wrapped in matured Parma ham, with new potato, applewood, spinach & tomato bake, tenderstem broccoli, heritage carrots	19 GF

Steak on the Stone

Your own steak cooked your own way

8oz FILLET STEAK	30
12oz FILLET STEAK	40
8oz PRIME ANGUS RUMP STEAK	20
12oz PRIME ANGUS RUMP STEAK	28
Dips: garlic & herb mayo, brandy & peppercorn, blue cheese	
SALMON FILLET	19
Dips:	
Plum sauce, lemon & honey mayo, sweet chilli	
SERVED WITH EITHER:	
Chunky chips and homemade onion rings,	
Sauteed potatoes with bacon, onions,	
mushroom & peppers	

28 Day Aged Chargrilled Steaks

Served with smoked sea salt and cracked black pepper butter, grilled tomato, homemade onion rings, chunky chips

8oz ENGLISH FILLET STEAK	30
12oz ENGLISH FILLET STEAK	40
8oz PRIME ANGUS RUMP STEAK	20
12oz PRIME ANGUS RUMP STEAK	28
35oz/1 kilo TOMAHAWK STEAK to share (cooked medium only)	70
Large steaks do take time, please be patient	
EXTRAS	
Brandy & peppercorn sauce	4
Garlic mushrooms	5
Stilton shavings	5
Onion rings	5
Mac n cheese 6	add pancetta or chillies 7
Red wine and port gravy	3

Handmade Desserts

Served with cream or ice cream

Mint baileys cheesecake	9
Black forest & almond torte, raspberry sorbet	9 VG GF
Biscoff waffle, Devon toffee ice cream	8
Salted caramel & pecan chocolate brownie	9
Toffee, rum & raisin sponge pudding cream or ice cream	9

Make your own ice cream sundae 7.5
Choose 3 scoops from the following flavours:
Vanilla with seeds, strawberry, clotted cream, chocolate, devon toffee, honey & ginger, rum & raisin, mint chocolate, coconut & pineapple, salted caramel.

Kids

✈ Pepperoni pizza	9
✈ Chicken goujons, chips and peas	8
✈ Cheese & tomato pizza	8 V
Baby fillet on the stone	15
✈ Mac n cheese	7

Served Sunday only 12-4pm Sunday Lunch

All served with roast potatoes, new potatoes, tenderstem broccoli, mashed carrot and swede, cauliflower cheese

✈ Roast Aberdeen Angus topside of beef with homemade Yorkshire pudding and red wine gravy (Served medium rare,)	18
✈ Roast Turkey with pigs in blankets, pork sage and onion stuffing, cranberry gravy	17 GF
✈ Roast leg of lamb, mint bon bons, redcurrant and rosemary gravy	17
✈ Glamorgan sausages (Caerphilly, Welsh cheddar, leeks) with cider gravy	13 V
✈ 3 meat roast...enjoy a slice of each meat with Yorkshire pudding, stuffing, crackling and a choice of gravy	22

Light Bites

✈ BOOT BURGER: Flame grilled 100 % beef patty, BBQ pulled pork, Monterey Jack cheese, on a toasted brioche bun, skin on fries, relish	14
✈ Homemade lasagne, chunky chips, salad	13
✈ Chargrilled tandoori chicken hanging skewer, garlic & coriander naan, mint yoghurt dip	14
✈ Fillet steak or southern fried chicken ciabatta, smoked bacon, cheddar, garlic mayo, skin on fries, dressed leaves	14
✈ Spiced Thai red curry, coconut rice	13 V VG GF
✈ Homemade fish pie, smoked applewood mash, fresh veg	14

Pizza Naan

Flame baked authentic naan bread, hand stretched to 12 inches and covered in your favourite pizza toppings.

✈ THE VEGAN ONE Garlic and coriander naan, pesto, parmesan, sundried tomato	9 VG
✈ THE VEGGIE ONE Plain naan, goats cheese, figs, pine nuts, honey.	10 V
✈ THE MEATY ONE Plain naan, pepperoni, BBQ pulled pork, serrano ham, red onion, cheddar, mozzarella	10

Speciality Fries

✈ NEW YORKER Bacon strips, BBQ sauce, cheddar	8
✈ CUBAN Pulled pork, bourbon BBQ, smoked cheddar	8
✈ TEXAN Beef chilli, smoked cheddar	9
✈ SHANGHAI Chinese salt and chilli	6 V

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.

✈ Dish Available for Take Away

V Vegetarian VG Vegan GF Gluten Free